



# Prioritise your wellbeing

Julian has a full-time job, a busy social life and many responsibilities. He realises that in order to stay physically and mentally healthy, he actively needs to prioritise his wellbeing whenever he can. By making small steps like moving more, carving out time to relax and eating healthy, he can boost his body and mind. Here's how much Julian has managed to save this year so far:

Holland & Barrett

£4 Cashback

**F** Fitness First

£20 Discount

Boots

£4 Discount

Spabreaks.com

£5 Cashback

DECATHLON

£7 Cashback

SIMBA

£2 Cashback

NATIONAL BOOK tokens

£4 Discount

gousto

£30 Discount

Julian has saved **£76** with our wellbeing discounts! To find out how much you can save, head over to your exclusive Discounts platform.

 **SmartSpending**™

All discounts and offers are subject to change without notice.

\*Please note these amounts are based on a specific scenario. How much you save at these retailers depends on your spending. Check your SmartSpending™ Discounts for percentages.